



TRANSPYR COAST TO COAST GENERAL INFORMATION



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1. WELCOME

TRANSPYR COAST TO COAST

A philosophy?

Since we started Transpyr Coast to Coast in 2010, we have always believed that it should be more than a race, that it should go beyond a challenge or an adventure. It had to become a purpose, a mission: to cross the Pyrenees from coast to coast linking the Atlantic Ocean to the Mediterranean Sea.

For sixteen years now, we have sought to be innovative in order to guarantee the three basic pillars of our philosophy: to offer a unique experience that transforms participants, to generate a positive impact on the communities through which we pass and to preserve nature, our great passion since childhood.

We hope you enjoy your personal mission as much as we enjoy sharing the Pyrenees.



FRANCESC SALLENT

Co-founder



2. STAGES

TECHNICAL DATA

GRAN RAID MTB



TOTAL DISTANCE

725
kilometers



ELEVATION GAIN

17.350
meters



PARTICIPATION

Individual
(SOLO) and in
pairs (TEAM)



FORMAT

Competitive
with timed
sections

BACKROADS



TOTAL DISTANCE

925
kilometers



ELEVATION GAIN

17.475
meters



PARTICIPATION

Individual



FORMAT

Non-competitive
and without time
trials

E-TRANSPYR



TOTAL DISTANCE

725
kilometers



ELEVATION GAIN

17.350
meters



PARTICIPATION

Individual



FORMAT

Non-competitive
with timed
sections

GRAVEL ADVENTURE



TOTAL DISTANCE

900
kilometers



ELEVATION GAIN

17.470
meters



PARTICIPATION

Individual



FORMAT

Non-competitive
with timed
sections

*These and the following numbers are approximate and provisional values.

STAGE 1

Gran Raid MTB & E-Transpyr

ROSES – CAMPRODON

SUNDAY 31



DATE

31/05/2025



START

Roses



FINISH

Camprodon



DISTANCE

105km



ELEVATION
GAIN

+1800



ELEVATION
LOSS

-800

Backroads

ROSES – CAMPRODON

SUNDAY 31



DATE

31/05/2025



START

Roses



FINISH

Camprodon



DISTANCE

120km



ELEVATION
GAIN

+2200



ELEVATION
LOSS

-1200

Gravel Adventure

ROSES – CAMPRODON

SUNDAY 31



DATE

31/05/2025



START

Roses



FINISH

Camprodon



DISTANCE

120km



ELEVATION
GAIN

+2200



ELEVATION
LOSS

-1200



STAGE 2

Gran Raid MTB & E-Transpyr

CAMPRODON - SEU D'URGELL

MONDAY 1

					
DATE	START	FINISH	DISTANCE	ELEVATION GAIN	ELEVATION LOSS
01/06/2025	Camprodon	Seu d'Urgell	115km	+2700	-3000

Backroads

CAMPRODON - SEU D'URGELL

MONDAY 1

					
DATE	START	FINISH	DISTANCE	ELEVATION GAIN	ELEVATION LOSS
01/06/2025	Camprodon	Seu d'Urgell	145km	+2700	-3000

Gravel Adventure

CAMPRODON - SEU D'URGELL

MONDAY 1

					
DATE	START	FINISH	DISTANCE	ELEVATION GAIN	ELEVATION LOSS
01/06/2025	Camprodon	Seu d'Urgell	145km	+2700	-3000



STAGE 3

Gran Raid MTB & E-Transpyr

SEU D'URGELL - PONT DE SUERT

TUESDAY 2



DATE

02/06/2025



START

Seu d'Urgell



FINISH

Pont de Suert



DISTANCE

110km



ELEVATION
GAIN

+3150



ELEVATION
LOSS

-3000

Backroads

SEU D'URGELL - VIELHA

TUESDAY 2



DATE

02/06/2025



START

Seu d'Urgell



FINISH

Vielha



DISTANCE

140km



ELEVATION
GAIN

+3250



ELEVATION
LOSS

-2345

Gravel Adventure

SEU D'URGELL - VIELHA

TUESDAY 2



DATE

02/06/2025



START

Seu d'Urgell



FINISH

Vielha



DISTANCE

140km



ELEVATION
GAIN

+3250



ELEVATION
LOSS

-2345



STAGE 4

Gran Raid MTB & E-Transpyr

PONT DE SUERT - AÍNSA



DATE

03/06/2025



START

Pont de Suert



FINISH

Aínsa



DISTANCE

95km



ELEVATION
GAIN

+2900



ELEVATION
LOSS

-3200

WEDNESDAY 3

Backroads

VIELHA - AÍNSA



DATE

03/06/2025



START

Vielha



FINISH

Aínsa



DISTANCE

135km



ELEVATION
GAIN

+2275



ELEVATION
LOSS

-3330

WEDNESDAY 3

Gravel Adventure

VIELHA - AÍNSA



DATE

03/06/2025



START

Vielha



FINISH

Aínsa



DISTANCE

135km



ELEVATION
GAIN

+2275



ELEVATION
LOSS

-3330

WEDNESDAY 3



STAGE 5

Gran Raid MTB & E-Transpyr

AÍNSA - JACA

THURSDAY 4



DATE

04/06/2025



START

Aínsa



FINISH

Jaca



DISTANCE

90km



ELEVATION
GAIN

+2200



ELEVATION
LOSS

-1950

Backroads

AÍNSA - JACA

THURSDAY 4



DATE

04/06/2025



START

Aínsa



FINISH

Jaca



DISTANCE

120km



ELEVATION
GAIN

+2550



ELEVATION
LOSS

-2300

Gravel Adventure

AÍNSA - JACA

THURSDAY 4



DATE

04/06/2025



START

Aínsa



FINISH

Jaca



DISTANCE

120km



ELEVATION
GAIN

+2250



ELEVATION
LOSS

-2300



STAGE 6

Gran Raid MTB & E-Transpyr

JACA - BURGUETE/AURITZ

FRIDAY 5



DATE

05/06/2025



START

Jaca



FINISH

Burguete/Auritz



DISTANCE

130km



ELEVATION
GAIN

+2800



ELEVATION
LOSS

-2700

Backroads

JACA - GORRÁIZ CASTLE (PAMPLONA)

FRIDAY 5



DATE

05/06/2025



START

Jaca



FINISH

Pamplona



DISTANCE

150km



ELEVATION
GAIN

+2700



ELEVATION
LOSS

-2600

Gravel Adventure

JACA - GORRÁIZ CASTLE (PAMPLONA)

FRIDAY 5



DATE

05/06/2025



START

Jaca



FINISH

Pamplona



DISTANCE

150km



ELEVATION
GAIN

+2700



ELEVATION
LOSS

-2600



STAGE 7

Gran Raid MTB & E-Transpyr

BURGUETE/AURITZ - IRUN

SATURDAY 6



DATE

06/06/2025



START

Burguete/Auritz



FINISH

Irun



DISTANCE

80km



ELEVATION
GAIN

+1800



ELEVATION
LOSS

-2700

Backroads

PAMPLONA - IRUN

SATURDAY 6



DATE

06/06/2025



START

Pamplona



FINISH

Irun



DISTANCE

115km



ELEVATION
GAIN

+1800



ELEVATION
LOSS

-2700

Gravel Adventure

PAMPLONA - IRUN

SATURDAY 6



DATE

06/06/2025



START

Pamplona



FINISH

Irun



DISTANCE

115km



ELEVATION
GAIN

+1800



ELEVATION
LOSS

-2700



3. PARTICIPANT PACK

What's included in your registration?

- ✓ Track of the route in GPX format.
- ✓ Route booklet with maps and profiles of the stages.
- ✓ Participation gift.
- ✓ Provisions during the course of the stage and at each finish line.
- ✓ Pasta party lunch and informative meetings prior to each stage.
- ✓ Passage controls.
- ✓ Timed sectors, with information of the time used.
- ✓ Medical assistance and rescue during the stage.
- ✓ Compulsory insurance.
- ✓ Bicycle self-cleaning point at the end of each stage.
- ✓ Transpyr C2C bag for the transport of personal luggage (max. 20kg).
- ✓ Transfer of the Transpyr bag between lodgings (limited to the town center of the stage point).
- ✓ Transfer of the empty personal bag to the last stage.
- ✓ Transpyr C2C jersey according to the type of participation.
- ✓ Stamping of the Finisher distinction (if applicable).
- ✓ Finish bag service.
- ✓ Meet cycling enthusiasts from all over the world.
- ✓ Laughter and beers among friends.
- ✓ Discover unique corners of the Pyrenees.
- ✓ Emotions and experiences that will stay with you forever.
- ✓ An organization ready to help you in whatever you need.



4. PROGRAM

ACREDITATIONS AND GRAND DEPART – ROSES

SATURDAY 30 - Place to determinate

From 10:00am to 08:00pm.

Accreditations (see Accreditation dossier).

11:00am. / 05:00pm.

Guided Track 0 - contact with your bike and other participants..

08:00pm.

Opening ceremony of the 16th edition of Transpyr Coast to Coast.

08:30pm.

Start of the Pasta Party.

SUNDAY 31 - Place to determinate

08:30am.

Entry into the start area according to your assigned BOX - turn on the geolocator and have the mandatory equipment for the stage at hand.

09:00am.

Departure and start of the Transpyr C2C in BOX order



PROGRAM

YOUR DAY-TO-DAY LIVE DURING TRANSPYR C2C

07:30am.

Entry into the start zone without priorities - turn on your geolocator and have the mandatory equipment for the stage.

08:00am.

Departure and start of the stage by modalities.

Food station 3

It marks the cut-off time of the stage (the time is reported in the daily briefings, it is variable).

Finish line

Our STAFF will be waiting for you - turn off the geolocator.

06:30pm.

Start of the Pasta Party (variable, consult the Race Office).

07:00pm.

Trophy Ceremony (variable, check with Race Office).

07:30pm.

Briefing of the next stage (variable, consult the Race Office).

*Orientation timetable, according to the stage.



PROGRAM

GRAND FINAL – IRUN

Finish line

Our STAFF will be waiting for you - turn off the geolocator.

03:30pm.

Beginning of the popular Sardinada.

05:00pm.

Delivery of jerseys with Finisher printing.

05:45pm.

Awards ceremony.

06:00pm.

Transpyr Coast to Coast medal ceremony
(if you can't stay until the end of the event, ask for your medal at Race Office).

IMPORTANT: When you arrive in Irun, you must hand in your geolocator and your deposit will be refunded. Your suitcase and personal belongings will be at the Race Office, don't forget to pick them up!

*Orientative timetable.



5. FOOD AND BEVERAGE

FOOD STATIONS

General information

- You will find several refreshment points along each stage (a minimum of two), including one at the finish line.
- We recommend that you carry a reserve of fast-acting food/drink for any eventuality that may occur.
- Be cautious with energy supplements, as their abuse or bad combination can seriously affect the digestive system.
- You can fill your water bottle/camel back or use recyclable cups available at the refreshment posts. You will find water and, in some cases, energy or isotonic drinks.
- We cannot guarantee the presence of all ingredients as we are subject to the food available from suppliers in the Pyrenees.
- Depending on the weather or the distance of the stage, we can modify the refreshment points, adding a 3rd in Road or 4th in MTB, as well as suspending some of them. Also, if the management deems it necessary, a water point can be improvised.



FOOD AND BEVERAGE

FOOD STATION

Gran Raid MTB & E-Transpyr

1°



Fresh fruits



Dried fruits (walnuts, hazelnuts, almonds)



Dried fruits (raisins, figs, dates)



Cookies



Gummies



Water / Isotonic

2°



Rice or pasta with vegetables, tuna, mushrooms, carrots, lentils, chickpeas, onions...



Gummies

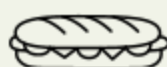


Fresh fruits



Water / Isotonic

3°



Sandwich



Chocolate cream



Membrillo



Fresh fruits



Gummies



Water / Isotonic / Coca-Cola

FOOD AND BEVERAGE

FOOD STATION

Backroads & Gravel Adventure

1°



Fresh fruits



Dried fruits (walnuts,
hazelnuts, almonds)



Dried fruits (raisins,
figs, dates)



Cookies



Gummies



Water / Isotonic

2°



Rice or pasta with
vegetables, tuna,
mushrooms, carrots,
lentils, chickpeas,
onions...



Gummies



Fresh fruits



Water / Isotonic



FOOD AND BEVERAGE

PASTA PARTY

At accreditations you will receive the participant's wristband, which you must show at the Pasta Party to receive the corresponding food.

The rations are counted and it is not allowed to repeat. You must wait for all participants to receive their ration and, in case of leftover food, the supplier will inform you of the possibility of repeating.

For those people with food intolerances/allergies, an extra wristband will be given at accreditation so that the caterers can identify them.



The companions of participants can eat at the Pasta Parties as long as they are accredited as such (purchase the Companion Pack) or purchase a day ticket (purchase at the Race Office).



Rice or pasta with vegetables, tuna, mushrooms, carrots, lentils, chickpeas, onions...



Fruits of the season



Salad with onions, olives, tuna, oil and tomatoes



Water



Yogurt



Chicken, hamburger, pork tenderloin with mashed potatoes, vegetables, etc.



6. MATERIAL

REQUIRED



Chain / Bike lock

Reminder: it is obligatory and important to carry a chain or others to tie down the bicycle.



DNI or
Passport



GPS
Navigator



Homologated
helmet



Thermal
blanket



Mobile
Phone



One liter of
beverage



Backpack



Reflective
parts



Warm
clothes



Waterproof
clothes



Front and
back light



Geolocation
device



Official bib
number



Identification
armband



Identification
stickers

The elements identified with the exclamation mark (!) will be provided by the organization in the accreditations.

Items identified with an asterisk (*) can be purchased during the event. Ask at the Race Office for availability.

IMPORTANT NOTE: All this material must be presented at the start of each stage. The organization will communicate, the day before each stage, if any of these items can be dispensed with.



MATERIAL

RECOMMENDED



**Extra battery for
cell phone**



**Battery or extra
batteries for GPS**



**Sunscreen
cream**



**Extra beverage
can**



**Anti-puncture
system**



**Fast-acting food
reserve**



**Glasses and
gloves**



Whistle



**Cash for
contingencies**



**Basic first aid
kit:**

Blister plasters
Blister products
Allergy tablets
Vaseline
Water purification product
Anti-rash cream



Lubricant oil



Bell



**Maps and
profiles**



Repair kit

The elements identified with the exclamation mark (!) will be provided by the organization in the accreditations.

Items identified with an asterisk (*) can be purchased during the event. Ask at the Race Office for availability.



7. SAFETY AND SIGNALING

SPORT INSURANCE

The registration fee includes sports insurance for accidents and civil liability for each participant, which are compulsory according to the law.

The scope of the insurances and their coverage are limited to the course of each stage (from crossing the starting line to reaching the finish line) and the official route provided by the organization.

Any mishap occurring outside the strict scope of each cycling stage and outside the marked route, in which a participant could be involved, is excluded.

The insurances included can be completed or complemented with other alternative insurances if the participant considers so. It is the participant's responsibility to make sure of the validity of these complementary insurances freely contracted for the context of the Transpyr Coast to Coast.

COVERAGE	
Death due to sports accident	6.000€
Partial disability due to sports accident	12.000€
Health care for sports accidents in subsidized centers	Ilimitada
Dental and stomatological expense due to a sports accident	254€
Orthopedic material due to a sport accident	70% del coste

*Example of coverages, to be confirmed for 2026

SAFETY AND SIGNALING

MEDICAL SERVICE

The health care provided by Transpyr C2C covers first aid and primary care during the course of each stage, always within the official route provided by the organization.

The medical service is present and at the disposal of the participants from the moment the first person crosses the start and until the last participant reaches the finish line, ending its work there.

In case you have a medical need after arriving at the finish line (e.g. gastroenteritis, sores, fever, creeping injuries) you must go to a medical center, using your health coverage or personal insurance. In such a hypothetical situation, the organization will help to contact the local services but the participant will have to make his/her own arrangements.



SAFETY AND SIGNALING

ACTION PROTOCOL

Remember that, in order to use the coverage, the accident or incident must have taken place during the course of a stage and within the official route.

The accident or incident must be reported and recorded in RACE OFFICE within 12 hours of the accident or incident. For this purpose, a mobile number known as RACE OFFICE 2 is provided.

In the event of an accident requiring the activation of the medical service, the medical service will make an initial assessment and decide on the procedure to be followed. The doctor will decide whether the injured person should be referred to a hospital.

In any case, it is the participant's responsibility to inform the organization of what happened, even if he/she is not attended by the official medical service. The accident must be recorded for possible future activation of the insurance benefits included (remember the limit of 12 hours).

Only in cases of emergency could the official medical service of the organization inform RACE OFFICE of the accident in order to open a report.

If a participant is involved in an incident with third parties during a stage, he/she is obliged to report it to RACE OFFICE within 12 hours.

IMPORTANT NOTE: The organization will not be responsible for processing or attending to any aspect related to accident or civil liability insurance coverage that has not been duly communicated by the participant involved.



SAFETY AND SIGNALING

ITINERARY

Remember that Transpyr Coast to Coast is a activity:



OPEN TO TRAFFIC. It is mandatory at all times to respect the rules of the road. We are looking for quiet routes and without vehicle presence.



NO PRIORITY. The participant can never consider that he/she has priority along the route.



REQUIRES THE UTMOST CAUTION. The participant must always move forward under the criterion of maximum caution and as if it were any day on a personal excursion.

TRACK AND SIGNALING

The route will be followed with a GPS and, in very specific cases, will be marked as well as possible with different signage. Some examples are:



CAUTION



**DEJAR CERRADO
KEEP CLOSE
LAISSEZ FERMÉ**

IMPORTANT NOTE: In case of doubt, if it has not been indicated in the previous Briefing and no one from the organization is at that point, the route indicated by the track or GPS will prevail over any mark you may find.

SAFETY AND SIGNALING

ENVIRONMENT

Transpyr C2C arises with the philosophy of passion for nature that all cyclists share.

Zero Waste through actions:



LITTLE SIGNAGE. Less waste.



OPENING/CLOSING WITH E-BIKES. To avoid unnecessary trips by car.



PROTECTED RIVER CROSSINGS. They are secured with timbers that act as bridges.



BIODEGRADABLE UTENSILS. We do not use plastic utensils at the refreshment posts.



LIMITED PARTICIPATION. We have 300 places available among all the modalities so as not to spoil the natural spaces.



PREVIOUS ENVIRONMENTAL STUDIES. Beforehand, we thoroughly analyze which sections will have the least impact on nature.



WORKING WITH MANAGERS OF PROTECTED AREAS. We work with professionals to improve year after year.

IMPORTANT NOTE: We will be very strict with non-environmentally friendly behavior. If a participant throws or leaves any waste, spare parts, wrappings, etc. outside the checkpoints, he/she will be reprimanded the first time and disqualified the second time.

8. OPTIONAL SERVICES

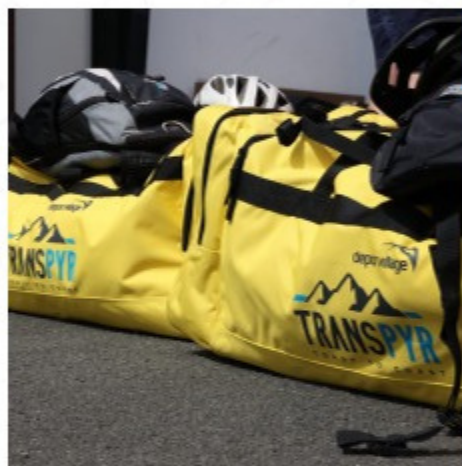
TRANSPYR COAST TO COAST



TRANSFER OF BIKE BOX

Are you arriving in Roses with your bike in a box, bag or suitcase that you don't know where to leave? Deliver the suitcase in accreditations and we will transfer it directly to Irún, for your return home.

PRICE 60,00€



BAG TO HOME

Receive the official Transpyr C2C suitcase before anyone else and get ready for the adventure. This service allows you to arrive in accreditations with your luggage already ready, without the need to change suitcases.

*Price according to the destination of the shipment, check conditions

FROM ...€



E-TYR SERVICE

Participating with e-bike has never been so comfortable! Deliver your batteries and charger in accreditations and worry only about pedaling. We will charge the batteries every night and we will take them to the refreshment posts that you indicate us to conquer each of the Transpyr C2C stages.

*Possibility to hire it for East and West at a reduced price.

PRICE 200,00€



SUPPORTER PACK

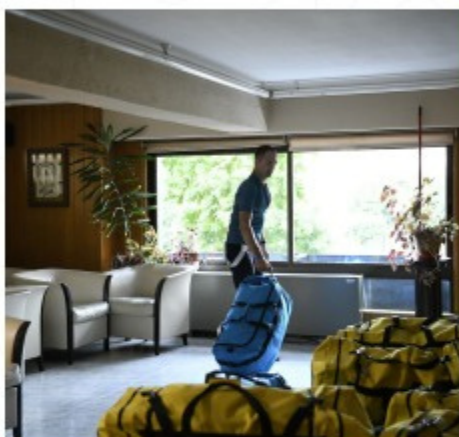
Includes: identification of companion, access to restricted areas for staff and participants, dinner at all Pasta Parties, possibility to shower in the arrivals and bag with gifts from our sponsors.

*Possibility to hire it for East and West at a reduced price.

PRICE 140,00€

OPTIONAL SERVICES

EXTERNAL SUPPLIERS



ACCOMMODATION

Our partner Valua Travel is the official provider of accommodation and logistics solutions for our participants. Discover their options and stay in the hotels closest to the departure/arrival.

Booking:

<https://shop.valuatravel.com/es/products/transpyr>

- Participants who have contracted accommodation with VALUA TRAVEL, will receive a **few days before the Transpyr C2C** an email with all the information of their assigned hotels according to the contracted pack. During the event, you will find at your disposition the staff of the travel agency to manage any incident that may occur.
- Participants who have contracted accommodation on their own, must inform the organization through a formular that we will send of all the information related to their hotels, giving all possible details about the location and name of the establishment. IMPORTANT: if we do not receive the information from the accommodations, the suitcase will be transferred from finish line to finish line without exceptions, being the participant's responsibility to take it to his/her hotel.
- All participants of Transpyr Coast to Coast have included the luggage transfer service between stages, as long as the accommodation is located in the center of the municipality (there may be exceptions to be considered by the organization) and there is someone from the staff of the establishment to receive the luggage. If the Transpyr C2C staff cannot access the accommodation for any reason, they will leave the luggage at the finish line and the participant will be informed of this.
- All participants who have received their luggage at the hotel, must leave it the next morning at the place indicated by the reception until 1 hour before departure. In case of having received the suitcase at the finish line, the participant is responsible the next morning to take the suitcase to the start, being received by the Race Office team.
- During the event, the organization provides participants with a mobile number exclusively indicated to manage any incident with their suitcase.

COAST TO COAST



Sponsors

FOX FACTORY

CYCLING365

ORBEA

FINISHER
KERN

BOSCH ePowered

EVOC

bryton

GOBIK

wikiloc

Destinations

ROSES

Costa Brava
Pirineu de Girona

TU HUESCA
TURISMO PROVINCIA HUESCA

Navarra

BASQUE TOUR
turismoaren eskualde agentzia
agencia vasca de turismo

Stage Towns

Ajuntament de Roses

AMUNTAMENT
CAMPRODON
LA SEU D'URGELL

ciutat d'esport
LA SEU D'URGELL

Ajuntament
del Pont de Suert

Aínsa

Jaca PIRINEOS
Y MUCHO MÁS

Aaritzko
Udako
Ajuntament de
Aaritz/Burguete

Ajuntament
ITUN

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Octave
COL DU TOURMALET
2010

TRANSROCKIES
SINGLETRACK 6

NOMADIX
WALLACE